



## THE GREEN WAY TO SLEEP

We've been producing mattresses and bed products under this motto at dormiente since 1988. After all, nature offers everything you need for healthy, restorative sleep. You won't find any plastic or synthetic materials in our products. Instead, we produce high-quality, eco-friendly ergonomic products that regularly undergo rigorous testing for harmful substances. All lovingly made by hand at our production facilities in Heuchelheim, Germany.

dormiente: Good for you and the environment.

Natural latex mattresses offer a whole host of excellent ergonomic lying properties while also capturing the harmful greenhouse gas carbon dioxide. It's hard to find any other mattress material that tops the sustainable and impressive properties of natural latex.



dormiente
NATURAL MATTRESSES
LAST LONGER

Natural latex retains the same elastic properties over a very long time.



# NATURAL LATEX WHY IT'S THE BEST CHOICE?

At dormiente, we exclusively use 100% natural latex to produce our mattresses, without the addition of any synthetic latex. Natural latex offers outstanding point elasticity. Our natural latex mattresses compress exactly where under pressure from your body without affecting the rest of the mattress.

When you turn in your sleep, the previously compressed area gently decompresses. High point elasticity is crucial when it comes to allowing your muscles to relax and ensuring nutrients can be transported to the discs in your spine while you sleep. Natural latex is also a renewable raw material with a verifiably better ecological footprint than synthetic mattress materials. Our natural mattress covers ensure optimal breathability for the mattress underneath.



#### ดเม

The QUL seal for residue tested natural latex mattresses is considered one of the strictest standards in the manufacturing of mattresses. It guarantees the maximum protection of the customer through comprehensive and very detailed testing criteria and procedures.





## CLASSIC NATURAL LATEX MATTRESSES



The unique ability of natural latex to yield to pressure ensures that heavier parts of the body like the pelvis and shoulders sink into the mattress, tracing the natural S-shape of the spine. Our single zone mattresses also perfectly mould to your body.

#### AT A GLANCE

- malleable natural mattress with high point elasticity that moulds to your body
- strong body support and distribution of body weight thanks to impressive natural latex core
- great choice for people of average weight
- for lighter-weight people who sleep on their front (,medium' latex firmness)
- for heavier-weight people ('firm' latex firmness)

## THE DORMIENTE SOLUTION FOR COUPLES



2 in 1 – sleep in the same bed

without an annoying gap in between. Our couples mattress cover allows you to lie together in full comfort. The mattress cover joins two mattresses to form one single surface to lie on.



www.igr-ev.de

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# CLASSIC NATURAL LATEX MATTRESSES MADE WITH A 100% NATURAL LATEX CORE AT OUR PRODUCTION FACILITIES

### 3 COMFORT CLASSES

NATURAL BASIC

Height 16 cm

NATURAL CLASSIC MEDIFORM

Height 18 cm

**NATURAL DELUXE** SIRIUS

Height 23 cm







AVAILABLE
LATEX FIRMNESS LEVELS

NATURAL BASIC

NATURAL CLASSIC

NATURAL DELUXE

MEDIUM | FIRM SOFT | MEDIUM | FIRM SOFT | MEDIUM | FIRM



All the comfort you need for a good night's sleep. The height and firmness of a mattress are key factors in determining how comfortable your sleep will be.

Contact your local dormiente retailer to learn more.



## SPECIAL NATURAL LATEX MATTRESSES PRODUCED WITH 5 AND 7 ZONES AT OUR PRODUCTION FACILITIES



With precise transverse cuts, we are able to offer enhanced lying comfort by creating additional support areas for prominent parts of the body.

In this way, we provide optimum comfort for the different body shapes of men and women, for example.

#### AT A GLANCE

distinctly body-hugging mattress with orthopedically effective cuts
 in the shoulder area, and in the FEMALE version in the hip area as well

- protects sensitive body parts due to effective pressure distribution
- ideal for people with problems in their shoulder and hip areas
- excellent air regulation
- top nesting sensation for a comfortable night's sleep
- recommended for people who primarily sleep on their back or sides
- also ideal for lighter-weight, sensitive people

#### 5 AND 7 ZONES

Get the restful sleep you deserve thanks to support zones to sink into in different areas of the mattress.

For ultimate comfort and restorative sleep!



## THE DORMIENTE SOLUTION FOR COUPLES

2 in 1 – sleep in the same bed

without an annoying gap in between. Our couples mattress cover allows you to lie together in full comfort. The mattress cover joins two mattresses to form one single surface to lie on.



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# SPECIAL NATURAL LATEX MATTRESSES PRODUCED WITH 5 AND 7 ZONES AT OUR PRODUCTION FACILITIES



**7 ZONES** MATTRESS



#### THE **FEMALE** CONCEPT

Special incisions in the pelvic area and nuanced dissolution of the mattress surface tension ensure the mattress traces the contours of a woman's body

Anatomically speaking women and men differ fundamentally in their body shape. In an ideal world, men and women would be able to sleep equally well on the same mattress because it takes their specific needs into account. At dormiente, we have come up with the solution.







By consciously avoiding deeper incisions in the pelvic area, we are able to provide optimal support to the narrower male hip/pelvic area along with finely dissolved surface tension for a mattress that adapts to a man's body.



## SPECIAL NATURAL LATEX MATTRESSES PRODUCED WITH 5 AND 7 ZONES AT OUR PRODUCTION FACILITIES

#### 3 COMFORT CLASSES

NATURAL BASIC Z7 **FEMALE** 7 ZONES

Height 16 cm

NATURAL CLASSIC ORTHOFORM **FEMALE** 7 ZONES

Height 18 cm

NATURAL DELUXE REGULUS **FEMALE** 7 ZONES

Height 23 cm







AVAILABLE

NATURAL BASIC NATURAL CLASSIC NATURAL DELUXE

MEDIUM FIRM SOFT | MEDIUM | FIRM

LATEX FIRMNESS LEVELS

SOFT | MEDIUM | FIRM



Height **16 cm** 

**MORE LATEX** = MORE COMFORT

All the comfort you need for a good night's sleep. The height and

firmness of a mattress are key factors

in determining how comfortable

your sleep will be.

Contact your

local dormiente retailer

NATURAL CLASSIC ORTHOFORM **MALE** 5 ZONES

Height 18 cm



Height 23 cm

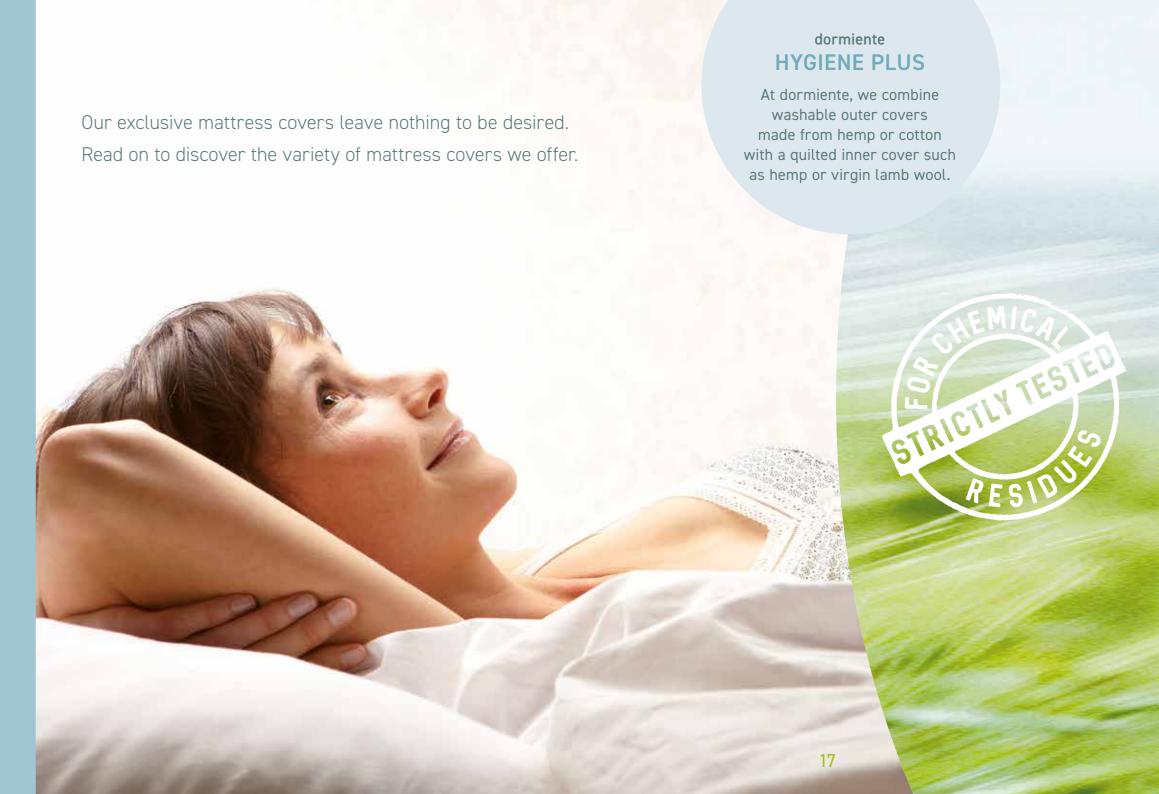








Mattress covers keep your mattress breathable. By removing moisture from the surface, they ensure that you can always sleep comfortably dry with either firm or soft support, depending on the type of cover you select. With a few small exceptions, almost all mattresses are available with the cover of your choice. Contact your local dormiente retailer to learn more.



### JERSEY FABRIC COVERS

					COMFORT CLASS		
durable cover for a soft lying sensation		washable	VEGAN	BASIC	CLASSIC	DELUXE	
3A		100% organic cotton, ecru, quilted with 100% organic virgin wool, approx. 500g/m²	Dry cleaning		$\checkmark$	-	-
5A		76% organic cotton, 21% lyocell (TENCEL™), 3% kapok, white, quilted with 100% organic virgin wool, approx. 750g/m²	Dry cleaning		-	$\checkmark$	-
6A		76% organic cotton, 21% lyocell (TENCEL™), 3% kapok, white, quilted with 100% organic virgin wool, approx. 750g/m²	Dry cleaning		-	-	$\checkmark$
WB1		OUTER COVER 100% organic cotton, GOTS certified, white, approx. 370g/m² + available QUILTED INNER COVER* (see list on the right)	60	vegan	-	$\checkmark$	$\checkmark$
WB2		OUTER COVER 100% organic cotton, GOTS certified, ecru, approx. 370g/m² + available QUILTED INNER COVER* (see list on the right)	60	vegan	$\checkmark$	-	-
HEMP JERSEY WASHABLE		OUTER COVER 52% hemp, 28% organic cotton, 20% lyocell (TENCEL™), approx. 620g/m² + available QUILTED INNER COVER* (see list on the right)	60	vegan	-	<b>√</b>	$\checkmark$

### QUILTED INNER COVER OPTIONS

*QUILTED INNER COVE	R, aavailable for washable outer covers HEMP JERSEY, WB1 and WB2	VEGAN
quilted on both sides with	n 100% organic cotton jersey, approx. 80g/m²	
INNER COVER <b>HF</b>	100% hemp, approx. 750g/m²  very high moisture absorption, anti-bacterial, excellent ecological footprint	vegan
INNER COVER <b>SW</b>	100% organic virgin wool, approx. 500g/m² cosy and temperature-balancing	
INNER COVER <b>BW</b>	100% organic cotton, approx. 500g/m² ideal for people allergic to animal hair and house dust	vegan
INNER COVER <b>TC</b>	100% <b>LYOCELL</b> (TENCEL™), approx. 500g/m² particularly suitable for people who sweat a lot	vegan

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#### **DRILL FABRIC** COVERS

					СОМ	FORT CL	ASS
durable cover for firm lying sensation		washable	VEGAN	BASIC	CLASSIC	DELUXE	
1A SATINÉE CLASSIC		60% viscose, 40% lyocell (TENCEL™), natural sheen, white quilted with 100% organic virgin wool, approx. 750g/m²	Dry cleaning		-	<b>√</b>	_
<b>1A</b> SATINÉE DELUXE		60% viscose, 40% lyocell (TENCEL™), natural sheen, white quilted with 100% organic virgin wool, approx. 750g/m²	Dry cleaning		_	_	<b>√</b>
HEMP DRILL		100% hemp, ecru approx. 220 g/m² quilted with 100% hemp, approx. 750g/m²  hemp, iside	Dry cleaning	vegan	-	<b>√</b>	<b>√</b>



### **GOOD FOR PEOPLE,** GOOD FOR NATURE

A natural latex mattress weighs 21.5kg on average and therefore requires roughly 21,500g latex milk. Harvesting a rubber tree yields roughly 30-40g of latex milk each day. A rubber tree can be harvested 204 days each year. That means 537 harvest days are required to produce a mattress, amounting to roughly 2.5 years.

During this entire harvesting period, the rubber tree is able to sequester carbon from the earth's atmosphere. This powerful benefit lasts far longer than the product of a single mattress - the productive life of a rubber tree is typically around 35 years.

The material that's so good for restorative sleep, is also especially good for our climate.



We maintain longstanding relationships with our natural latex suppliers in South Asia. By nurturing long-term bonds, we are able to conduct regular on-site inspections to check that our strict quality requirements for the finished latex blocks and our dormiente sustainability principles are being upheld.



## SLEEP ENSEMBLE WITH A SYSTEM

DUVET

PILLOW

MATTRESS

SLATTED BASE





### **SLEEP**ENSEMBLE MIT WITH A YSTEM: THE SECRET TO PERFECT SLEEP LIES IN THE COMBINATION!



**DUVET** 

**PILLOW** 

**MATTRESS** 

SLATTED BASE

Getting healthy, restorative sleep requires more than just selecting the right mattress.

Level up your mattress with the ideal combination of mattress, slatted base, pillow and duvet for your needs. For the perfect night's sleep, every night!

A **SLATTED BASE** provides the foundation for every mattress. Slatted bases do more than simply keep mattresses ventilated. Modifiable slatted bases help to support and relieve your body by allowing fine adjustments. dormiente partners specialise in naturally healthy, ergonomic sleep. They will work with you to find the perfect combination for your needs.

**DUVETS** can also play a major role when it comes to sleep quality. After all, it's hard to sleep well under a damp duvet. To avoid this, it's important to pick a duvet that quickly absorbs any moisture from your skin and prevents uncomfortable cooling due to evaporation in the first place. This is where natural materials come in. Whether you tend to sweat or get cold in bed – or experience both - dormiente duvets provide the ideal climate for a great night's sleep.

The importance of PILLOWS when it comes to restorative sleep is often overlooked. Often purchased without a second thought, pillows are a key component to healthy shut-eye. As anyone with a vast collection of pillows yet also unwavering neck pain can atest. Don't rush when selecting a pillow - seek advice and try out.

#### TOO HOT, TOO COLD, OR BOTH AT THE SAME TIME?

Did you know that the duvet you choose dictates up to 70% of the bed temperature you sleep in? All the more reason to make the right decision when selecting a duvet.

> Contact your local dormiente retailer to learn more.





Bring out the bestin your natural latex mattress with a **SLATTED BASE** tailored to your individual needs.

FLOAT ON CLOUD NINE EVERY NIGHT.



#### PHYSIOFORM®PRO S | KF | M

- patented ergonomic system
- individually adjustable
- maximum adjustment options for every sleeping position and body shape



height-adjustable slats for optimum body support



Smart rotational adjustment, whenever it's required!



PHYSIOFORM®PRO is also available as a motorised version



#### ERGO NATURA SWISS PINE S | M

- + self-adjustable shoulder zone lowering
- 144 flexible pine wood plates for targeted adjustment
- delicately scented Swiss Pine wood for a soothing, relaxed sleep experience



For extra comfort: ERGO NATURA SWISS PINE motorised version





100% METAL-FREE

#### SYSTEM 7® S I M

- Boxspring comfort for every bed
- natural latex with high point elasticity
   for every sleeping position
- sleeping without any divisions or gaps in between



Simply press a button to adjust the lying position:

SYSTEM 7® motorised version

More slatted bases can be found here:





## THE RIGHT PILLOW FOR EVERY SLEEP POSITION

From an orthopaedic perspective, correct positioning of the cervical spine is crucial. If you wake up with tension in your neck or shoulder area, this could indicate that your head isn't in the correct position at night due to not using the right pillow. Pillows should ideally support your head and mould your cervical spine as naturally as possible. Due to the small, limited nature of the neck area, proper head positioning can often be hard with personal preferences often being counterproductive, e.g. I think my head should be higher. Factors such as comfort and breathability also play a role. The dormiente sleep expert partners will be happy to advise you and help stop neck pain happening in the first place.

#### LOOSE FILLED PILLOWS

PERSONAL PILLOW ENHANCEMENTS

Removing the filling from pillows couldn't be simpler,

allowing you to adjust it to your individual requirements.

Image shows FLEXOPILLO MED (height approx. 13 cm) soft and individually adjustable



#### SHAPED PILLOWS

WITH ORTHOPAEDIC MOULDED CORE

MADE OF 100% NATURAL LATEX

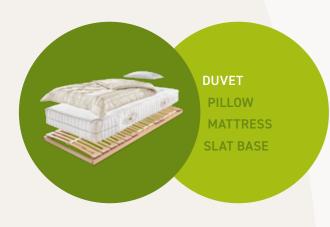
Impressively high point elasticity ensures the pillow adapts to the shape of your spine. Different moulded cores are suitable for different sleeping positions

and body shapes.

Image shows ERGOPILLO MED

(height approx. 9.5 - 11.5cm) height-adjustable and ergonomic





# Opting for high-quality natural materials in your **DUVET** guarantees a healthy, comfy bed.

Image shows
NATURAL HEMP

(100% hemp filling)

high moisture absorption and odour-neutralising

A healthy night's sleep under pure natural materials? Our natural duvets were developed with this in mind. For a comfy, warm bed in the colder months and pleasant coolness in the summer for deep sleep all year round – zero sweating or freezing.

Choosing the right duvet is key when it comes to getting a good night's sleep.

A duvet dictates roughly 70% of the climate of your bed, allowing you to sleep comfortably at the right temperature. dormiente **NATURAL SUMMER DUVETS** offer the ideal respite for hot summer nights. Our **ALL-YEAR DUVETS**, on the other hand, are the ideal choice for all non-extreme temperatures. Combine both for a warm,



## **VEGAN DUVETS**MADE FROM 100% PLANT MATERIALS WITH HIGH MOISTURE ABSORPTION









## ANIMAL HAIR DUVETS FOR OPTIMUM TEMPERATURE REGULATION AND COMFY NIGHTS

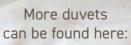
comfy winter duvet that's perfect for chilly nights.





(100% camel down hair) optimum heat retention properties and temperature balancing









2 DUVETS =

4 SEASONS







YOUR PARTNER FOR EVERYTHING RELATED TO NATURAL SLEEP

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